



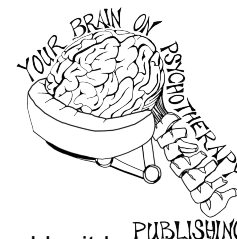
Debbie Edmunds, MA, LPC-S, CART

Get it in gear with psychotherapy

H.O.P.E. Psychotherapy of Houston, PLLC

MediaTeach™

www.HopePsychotherapyofHouston.com



Media is everywhere and we are all exposed to it everyday. Learn to use it as a teaching tool by not only being entertained by it but also by really observing the messages it is sending. Not all programming is intended for everyone and adults need to be vigilant about what they allow children to watch. Always refer to the ratings (www.mpaa.org or www.imdb.com) before allowing children to watch television programs or movies. No matter how good the message, ratings are assigned for a reason and children might misinterpret a message that an adult might not, due to not being developmentally ready for the contents.

Subjects/Categories for Discussion

After viewing the movie/program, check each subject/category involved, then discuss.

Movie/TV Program	Anger/ Fear	Acceptance/ Rejection	Insight/ Denial	Conflict	Grief/ Loss	Problem Resolution	Bullying/ Respect	Honesty/ Deception	Trust/ Doubt	Nurturing/ Abuse	Self- Esteem	Self-Injury/ Suicide	Happiness/ Other
Rango, 2011													
Up, 2009													
Transformers, 2007													
Evan Almighty, 2007													
Stranger than Fiction, 2006													
Little Miss Sunshine, 2006													
Click, 2006													
Cars, 2006													
The Benchwarmers, 2006													
Robots, 2005													
The Sisterhood of the Traveling Pants, 2005													
Big Fish, 2003													
Elf, 2003													
Spider-Man, 2002, 2004 & 2007													
Divine Secrets of the Ya-Ya Sisterhood, 2002													

Programs, subjects and questions are not meant to be exhaustive, but guidelines for opportunities to learn and teach. Be creative and make decisions about viewing as well as subjects and questions that best suit your needs. Some of the movies listed here, or chosen by you may be adaptations of books or novels.

Book reviews are another very good way to achieve the same goals of this exercise while also promoting interest in reading.

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Shrek 1, 2 & 3, 2001, 2004 & 2007													
Harry Potter, 2001, 2002, 2004, 2005, 2007 & 2009													
Futurama, Episode 1, "Space Pilot 3000", 3/28/99													
Girl, Interrupted, 1999													
Toy Story 1 & 2, 1995 & 1999													
Hairspray, 1988, 2007													
Star Wars Trilogies, 1977, 1980, 1983, 1999, 2002, 2005													
A Piece of the Action, 1977													
The Stepford Wives, 1975													
Blackboard Jungle, 1955													
Charlotte's Web, 1973 & 2006													
Guess Who's Coming to Dinner, 1967													
Valley of the Dolls, 1967													
The Caretakers, 1963													

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The Twilight Zone "The Masks"- 3/20/64, "The Gift"-4/27/62, "It's a Good Life"- 11/3/61, "The Eye of the Beholder"-11/11/60, "The Monsters are due on Maple Street:-3/4/60, et al													
To Kill a Mockingbird, 1962													
Imitation of Life, 1934 & 1959													
The Bad Seed, 1956													
Forbidden Planet, 1956													
Rebel Without a Cause, 1955													
It's a Wonderful Life, 1946													
The Lost Weekend, 1945													
Between Two Worlds, 1944													
Citizen Kane, 1941													
Rebecca, 1940													
Gone with the Wind, 1939													
The Wizard of Oz, 1939													
Your favorite children's programming													
Your favorite news programs													

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